# XVII.

## **National Heart, Lung, and Blood Institute**

#### INTRODUCTION

Diseases of the heart, lungs, blood vessels, and blood comprise three of four leading causes of death in the United States. Together they accounted for 51% of all deaths in the United States in 1997. Their associated economic costs are estimated to represent 25% of the total costs due to illness, injury, and death in 1999. Great progress has been made in reducing the burden of these diseases, but it is clear that much remains to be done.

The legislative mission of the National

Heart, Lung, and Blood Institute (NHLBI) is to improve health in the United States by supporting and conducting research to prevent, detect, diagnose, and treat cardiovascular, lung, and blood diseases and sleep disorders and to ensure a safe blood supply.

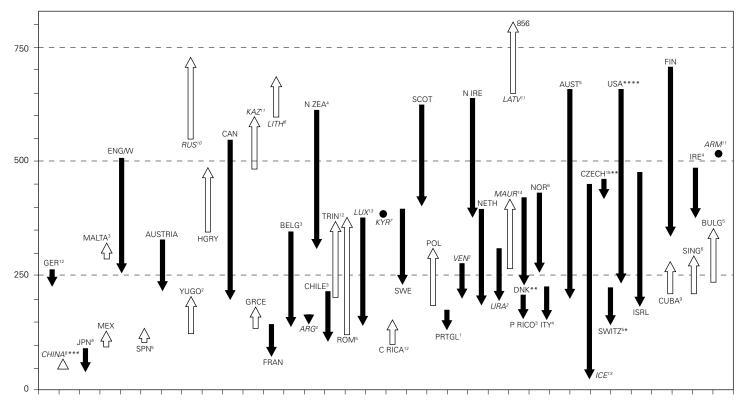
To fulfill its mission, the Institute has formed partnerships with U.S. universities and research institutes, other Federal agencies, international organizations, and private-sector scientific, professional, and public organizations.

The Institute performs the following functions:

- plans, conducts, fosters, and supports basic research, clinical trials, observational studies, and demonstration and education projects;
- plans and directs research in the development, trial, and evaluation of disease interventions and medical devices:
- conducts research on the clinical use of blood and the management of blood re-
  - supports research training and career

#### FIGURE XVII-1.

#### Death Rates for Coronary Heart Disease by Country for Men Ages 35-74 Years, 1970 and 1995



Rate per 100,000 population. Age adjusted to European Standard Population

Rates are based on International Classification of Diseases, 8th Revision (ICD-8) for years before 1979 and 9th Revision (ICD-9) for years after 1979.

\*Rates for all years for Switzerland (SWITZ) are based on ICD-8.

\*\*Rates for years beginning in 1994 for Czech Republic (CZECH) and Denmark (DNK) are based on ICD-10.

\*\*\*Rate is for rural areas of China. Rates for urban areas are 71.2 and 99.6 per 100,000 population.

\*\*\*\*Rates for the United States (USA) are based on Public Use Mortality Data Tapes, National Center for Health Statistics, Centers for Disease Control and

Source: World Health Statistics Annual. WHO (selected issues)

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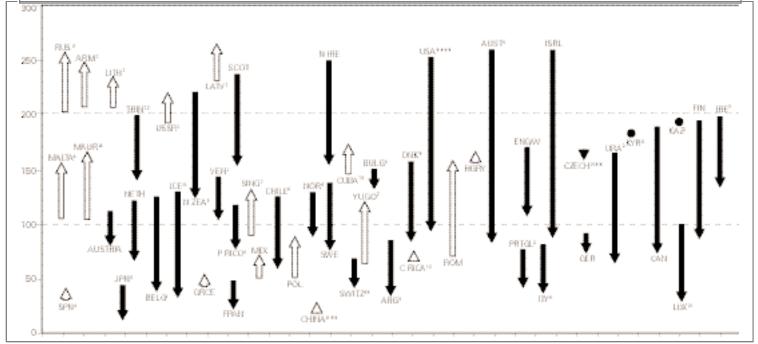
<sup>14</sup> 1971 and 1993 <sup>6</sup> 1990 and 1993 1990

8 1990 and 1994

<sup>15</sup> 1993 and 1995

#### FIGURE XVII-2.

#### Death Rates for Coronary Heart Disease by Country for Women Ages 35-74 Years, 1970 and 1995



Rate per 100,000 population. Age adjusted to European St andard Population.

Rates are based on International Classification of Diseases, 8th Revision (ICD-8).

for years before 1979 and 9th Re vision (ICD-9) for years af ter 1979.¶

\*Rates for all years for Switzerland (S WITZ) are based on I CD-8.  $\P$ 

\*Rates for years beginning in 1994 for Czech Republic (CZECH) and Denmark (DNK) are based on ICD-10. ¶

\*\*\*Rate is for rural areas of China. Rates for urban areas are 61.4 and 69.0 per 1 00,000 population.  $\P$ 

\*\*\*\*Rates for the United States (USA) are based on Public Use Mortalit y Data Tapes , National Center for Health Statistics, Centers for Disease Control and Prevention, 1995.

Source: World Health Statistics Annual.

development of new and established investigators; and

■ conducts educational activities, including the development and dissemination of materials for health professionals and the public, with a special emphasis on disease prevention.

During fiscal year 1998 (FY 98), NHLBI invited a group of accomplished scientists to meet with Institute staff and representatives from three of the major professional societies associated with NHLBI's mission (the American Heart Association, the American Thoracic Society, and the American Society of Hematology); the theme was From Genes to Health and Health to Genes. The participants were asked to focus on broad research themes that transcend the traditional organspecific domains within the Institute and to specify enabling approaches that would be needed to address these areas effectively. The scientists identified four areas of opportunity and a number of enabling approaches. The four areas are (1) tissue genesis and organogenesis, (2) immunobiology, (3) geneenvironment and gene-gene interactions, and (4) functional genomics. The products of this process have been complemented by the efforts of the Institute's newly formed Board of Extramural Advisors and input from the National Heart, Lung, and Blood Advisory Council. In follow-up of these activities and inputs, the Institute developed a new NHLBI Strategic Plan during FY 99, presenting important scientific opportunities for FY 01-FY 05 within the Institute's mandate. The plan is flexible and dynamic, so that the Institute will be able to respond to evolving national needs, congressional mandates, and advances in scientific knowledge. The plan has been posted on NHLBI's interactive Web site (www.nhlbi.nih.gov). It is anticipated that the new plan will have significant impact on the Institute's future international collaborations with other countries and international organizations.

NHLBI continues to play a leadership role in international health policy and in global efforts to transfer and apply new knowledge to prevent and control heart, lung, and blood diseases. During FY 99, the Institute strengthened and expanded its international contacts and partnerships across national boundaries, as well as its associations with the World Health Organization (WHO), as a WHO Collaborating Center in Research and Training in Cardiovascular Diseases. The international programs continued to undergo major changes in direction and emphasis to take advantage of new opportunities created by the rapid progress in science and the changing international political and economic situation.

Cardiopulmonary disease is a rapidly growing pandemic, especially in developing countries. Marked international differences in death rates and trends of cardiovascular and pulmonary diseases in men and women, as seen in Figures XVII-1 through XVII-6, raise important scientific questions and provide challenges for international collaborations to explore the reasons for these differences and to prevent and control these diseases. Two joint publications by WHO, Harvard School of Public Health, Boston,

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National Heart, Lung, and Blood Institute: International Activities, Fiscal Year 1999

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Massachusetts, and the World Bank have eviewed the major causes of death in the world. "The Global Burden of Disease" and "Global Health Statistics" combine data on deaths and disabilities to create a futur medical-road-map-for-use-by-health-professionals and policy makers. The authors of these two books predict major ·changes in global.patterns.of.disease..By.2020, it is anticipated that noncommunicable diseases such-as-heart-disease-will-become-the-number.one.global disease burlen,.as.deaths and disabilities from malnutrition and infection continue to decline. Already, WHO estimates that cardiovasculardisease (CVD) alone is re sponsible for more than 12 million deaths each.year and hundreds of billions of dollars in-economic-losses.¶

At the same time, new solutions are being developed through advances in scientific knowledge and public health action to promote health and control disease. Rapidly act vancing information-based technologies are helping physicians and scientists to explore

new-ways to share information and data, resulting in global changes in the practice of medicine and science. Instant communications and consultations are being developed through technologies such as electonic mail (e-mail), interactive Web sites, telecommuting, and teleconferencing. Computes, satellite connections, the World Wide Web, and multimedia approaches are facilitating international collaboration in the cardiopulmonary area. These technological advances are significantly improving communications and reducing the time required for analysis and evaluation of data for use by scientists and policy makers.

NHLBI's current international collabor ation covers the entire research spectrum, including basic research, applied research and development, clinical investigation, population-based studies, demonstration and education, and training and development. The Institute's international programs during FY 99 built on national resear chin priority areas included in the National Heart, Blood

Vessel, Lung, and Blood Progr am Plan developed by the Institute in collaboration with committees of extramural advisors. Table XVII-1 shows how the international programs intersect with national research programs.

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# HIGHLIGHTS OF RECENT SCIENTIFIC ADVANCES RESULTING FROM INTERNATIONAL ACTIVITIES¶

Three highlights of FY 99 NHLBI international activities reflect the increasing globalization of international activities: (1) development of the Pan American Hypertension Initiative (PAHI), (2) the Global Initiative for Asthma (GINA), and (3) initiation of discussions of a Middle East Hypertension Initiative (MEHI).

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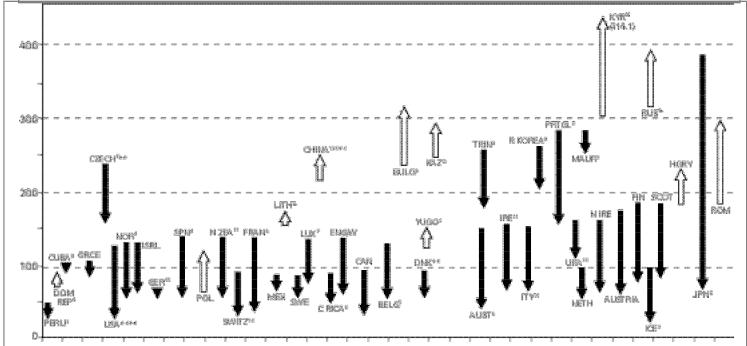
#### Pan American Hypetension Initiative

Hypertension is the most prevalent CVD in the Americas, affecting approximately one in four adults (about 140 million people). In

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Rate per 100,000 population. Age adjusted to European Standard Population.

Rates are based on International Classification of Diseases, 8th Revision (ICD-8).

for years before 1979 and 9th Revision (ICD-9) for years after 1979.¶

\*Rates.for.all.years.for.Switzerland.(SWITZ).are.based.on.ICD-8.¶

\*Rates for years beginning in 1994 for Czech Republic (CZECH) and Denmark (DNK) are based on ICD-10.¶

\*\*\*Rate is for rural areas of China. Rates for urban areas are 246 and 251 per 100,000 population.

\*\*\*\*Rates for the United States (USA) are based on Public Use Mortality Data Tapes. National Center for Health Statistics, Centers for Disease Control

Source: World Health Statistics Annual WHO (selected issues).

the Americas, as in most nations, hypertension control rates are very poor. Thoughout most of the world, fewer than one-fouth of hypertensive patients ar e adequately controlled. As a result, many people suffer from heart attacks and strokes and die prematurely. To addess this challenge in the Americas, the Pan American Health Oganization (PAHO) and NHLBI have jointly proposed PAHI. The purpose of PAHI is to advance knowledge and to facilitate action toward the prevention and control of high blood pressure in the Americas.

PAHI was issued as a call to action at the conclusion of the conference on Global Shifts in Disease Burden: the Carliovascular Disease Pandemic. This conference, held in May 1998 at PAHO Headquarter s in Washington, D.C., was cosponsored by PAHO, WHO, NHLBI, and the Fogarty International Center (FIC). In follow-up of the conference, NHLBI hosted a planning meeting on Translating Science Into Action, at the National Institutes of Health (NIH), in Bethesda, Maryland, in Mar ch 1999. The

participants included r epresentatives from Argentina, Barbados, Brazil, Canada, Chile, Cuba, Mexico, the United States, and Uruguay, and international and regional scientific organizations. The goals of this meeting were to set piorities for actions to educe the burden of hypertension in the Americas and to identify areas of mutual interest and cooperation among institutions and organizations represented at the meeting.

The planning meeting culminated in the development of a joint PAHI statement tha outlines proposed activities for the future. To date, six international or ganizations have endorsed this statement, in addition to PAHO, NHLBI, and delegates to the March 1999 meeting. The international or ganizations include the World Hyper tension League, the Inter-American Society of Hyper tension, the Pan American Network of CAR MEN.Programs. (Comprehensive.Intervention Programs to Reduce Risk Factors for Non-Communicable Diseases ), the Inter-American Society of Car diology, the Inter-American Heart Foundation, and the Latin

American Society of Nephplogy and Hypertension. These partners have indicated their willingness to collaborate in this important international initiative to improve the health of the people of the Americas.

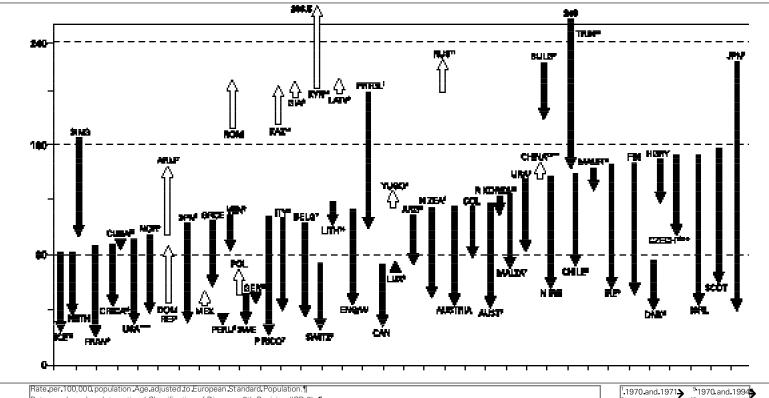
#### Global Initiative for Asthma¶

NHLBI, WHO, and experts form a number of countries also collaborate on a joint initiative to address asthma as a ser ious global health problem. Asthma is estimated to affect more than 150 million people worlldwide, and there is evidence that prevalence is on the increase in children in most countries. GINA was established by WHO, NHLBI, and the European Respir atory Society to decrease morbidity and mortality by the development and implementation of an optimal strategy for the management and prevention of asthma.

Asthma·is·a·chronic·condition·characterized·by·a·narrowing·of·the·bronchial·tubes, swelling·of the bronchial tube lining, and mucous·secretion that can block the aiway, making·breathing difficult. The prevalence

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#### Death Rates for Stroke by Country for Women Ages 35–74 Years, 1970 and 1995



Rate per 100,000 population. Age adjusted to European Standard Population.

Rates are based on International Classification of Diseases, 8th Revision (ICD-8).

for years before 1979 and 9th Revision (ICD-9) for years after 1979.

\*Rates.for.all.vears.for.Switzerland.(SWITZ),are,based.on,ICD-8.¶

\*Rates for years beginning in 1994 for Czech Republic (CZECH) and Denmark (DNK) are based on ICD-10.

\*\*Rate is for rural areas of China. Rates for urban areas are 148.3 and 151.3 per 100,000 population.

\*\*\*Rates,for,the,United States (USA), are, based, on Public. Use, Mortality, Data, Tapes, National, Center, for, Health, Statistics, Centers, for, Disease, Control and Prevention, 1995. ¶

Source: World Health Statistics Annual WHO (selected issues)

on parents, physicians, public author ities, and national organizations to wok together¶

of asthma can be as high as 30% among certain populations, and inter nationally, cases have more than tripled in the last 10 years. In the United States, between 1990 and 1994, the number of people reported to-have-asthma-increased-from-10.4-to-14.6 million, including approximately 5.0 mil lion children.¶

In December 1998, NHLBI, the American Academy.of. Allergy. Asthma, and Immunology, the American College of Chest Phy sicians, and the American Thoracic Society launched a global plan to cut childhood asthma deaths by 50% by 2005. Other in ternational suppoting organizations include the European Academy of Aller gology and Clinical Immunology and the International Union Against Tuberculosis and Lung Dis ease. This global eff ort was announced on the eve of the first World Asthma Day, on December 11, 1998. The theme was Help Our Children Breathe. In announcing the global plan, the chairman of GINA called

#### Middle-East-Hypertension-Initiative¶

NHLBI has collaborated with individual countries in the Middle East for a number of years to address the increasing prevalence of CVD. Toward the end of FY 99, the Institute invited.hypertension.experts.from.the.Middle East to join with U.S. experts for an exploratory meeting to be held in Amman, Jordan, in December . 1999, to address the problem of hyper tension. Representatives from Egypt, Isr ael, Jordan, Lebanon, the Palestine Authority, and the United Arab Emirates-accepted-the-Institute's invitation.

In previous NHLBI collabor ation with Egypt, research funded by the Institute, the Egyptian Ministry of Health, and the U.S. Agency for Inter national Development demonstrated that hypertension is a serious problem.in.the.Egyptian.population..Other countries in the Middle East have also r. e-

ported high rates of hypertension. Hypetension-is-a major risk factor for copnary heart disease, stroke, premature death, and renal failure, making the prevention and control of-hypertension-an-important-health-priority-for-the-region.¶

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<sup>14</sup> 1981 and 1995¶

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The purpose of the December 1999 meet ing in Jordan is to explor the interest in de veloping a joint Middle East Hypertension Initiative and plans for future collaboration to reduce the risk of CVD. Discussions will be held on a common protocol to estimate the prevalence of hyper tension in Middle Eastern nations. It is anticipated that the ability to compare prevalence rates among countries will stimulate sharing of hyper tension prevention, intervention, and evaluation strategies and will become the basis for developing national education cam paigns designed to improve car diovascular health.in.nations.of.the.Middle.East.¶

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TABLE XVII-2.1	TΑ	BL	E.	X	VI	1-2	.T
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# National Heart, Lung, and Blood Institute: International Programs, ← Direct Costs, Fiscal Year 1999¶

<b>→</b> →	Number→	Countries→ →	Funds paid ¶ (in dollars)¶
Fellowships>	2>	United.Kingdom <b>→</b>	31,720¶
Grants <b>→</b> →	10 <b>&gt;</b>	Canada <b>&gt;</b> United-Kingdom <b>&gt;</b>	2,168,568¶ 530,673¶
Contract-	1>	Canada <b>&gt;</b>	347,306¶
Cooperative-Agreement>	1>	Canada <b>&gt;</b>	91,372¶
Total Awards	18>	<b>&gt;</b>	3,169,639¶
Centers for Disease Control and ¶ Prevention ·¶ · ·Interagency ·Agreement → > >	1>	China <b>&gt;</b> Pakistan <b>&gt;</b> Poland¶	21,000¶ ¶
University-of-North-Carolina-Contract		China <b>&gt;</b> Pakistan¶ Poland¶	366,080¶
Bilateral Agreements*	17	 <b>&gt;</b>	315,000 <sup>b</sup> ¶

a Collaborating countries pay for the costs in their own country.

# SUMMARY OF INTERNATIONAL PROGRAMS AND ACTIVITIES Country-to-Country Activities and Bilateral Agreements

The NHLBI international programs and activities are carried out within the mandates of the National Heart, Blood Vessel, Lung, and Blood Program. The direct costs for NHLBI international activities for FY 99 are summarized in Table XVII-2.¶

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#### Argentina¶

An Argentinean exchange scientist wor ked at.NHLBl.in.the.area.of.asthma.prevention, education, and control duing April-Septem ber 1999. This initial exchange was designed to-focus-on-the-Institute's-health-education and communication programs, which trans late resear ch results to impact on public health. Among the results of the joint ef fort, the scientist prepared a set of object tives to guide the revision of the r eport on Acute Exacerbations of Asthma: Car e in a Hospital-Based Emergency Department. She also participated in pr ojects related to the National Asthma Education and Prevention Program that may be adapted to Argen tinean.public.health.activities..¶

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#### Australia¶

NHLBI collaborates with Australia under the

auspices of an agreement between NHLBI and the Baker Medical Resear ch-Institute (BMRI), Victoria. This cooperation began with a number of visits to NHLBI by health administrators from the Australian Commonwealth, Department of Human Sevices and Health. The coordinator and an epidemiologist from the South Austalia Health Commission, Adelaide, visited NHLBI in 1989 and 1991, respectively, to sharknowledge in cardiopulmonary disease prevention and care. These visitor sexpressed interest in NHLBI's successful approaches to disease prevention that might be applicable to populations in Australia.

In-June-1997, the Director, BMRI, visited NHLBI to discuss a mutually beneficial bilateral program of scientist exchanges. As a result, an agr eement was made between NHLBI and BMRI. The program was initiated.in.September.1997 with a 4-month visit by a senior research officer from the Lipopro tein and Atheroscler osis Laboratory, BMRI, who worked with a pr ofessor of car diovascular physiology at the Car diovascular Research Institute, Univer sity of California, San.Francisco, on platelet interactions with the vessel wall. The Australian scientist's expertise on intr acellular cholester ol trafficking and the role of apolipopotein A-1 in cholesterol·homeostasis·complemented·the U.S. researcher's studies of ather osclerosis. This joint research generated new inquiries and methods, providing the basis for further collaboration. In July 1998, NHLBI supported a reciprocal visit to Australia by this U.S. resear cher. Studies continued with a special emphasis on binding reactions between the P selectin receptor on the endothelial surface and the glycoprotein 1b-X-V complex on the platelet surface. ¶

The U.S. and Australian investigators con tinue to collaborate on topics of mutual interest and benefit. In December 1998, the Head of the Cellular Biochemistr y Laboratory, BMRI, worked with a professor at the Department of Pharmacology, University of California, Los Angeles, to define pathways involved in cardiac hypertrophy. The main goal of these studies is to examine the role of.Gq.proteins in hypertrophic responses in adult-and-neonatal-rat-cardiomyocytes-and the involvement of phospholipase C acti vation. The U.S. investigator has extensive expertise in studies of hyper trophic signaling and has produced a number of transgenic mouse models applicable to these studies. The Australian scientist has expeise and equipment for complementary studies of inositide metabolism in cardiomyocytes. (Inositide is a phospholipid containing a vi tamin.B complex necessary for .growth.in the mouse model.)

Also, in May 1999, a senior scientist from the Alfred Baker Medical Unit. Division of Cardiovascular Medicine, BMRI, collaborated-with the Head, Division of Metabolism, Endocrinology, and Nutrition, Universityof Washington, Seattle, on studies of proteo glycan biochemistry and cell biology and the effect of hyperglycemia on the binding of proteoglycans to lipoproteins. They studied the impact of new drug ther apies, such as thiazolidinediones, on the synthesis of proteoglycans by vascular · smooth muscle cells.and.on.the.development of atheroscle rosis. Within the vessel wall, highly sulfated and negatively charged glycosaminoglycan chains on proteoglycans pr oduced by endothelial.and.vascular.smooth.muscle cells attract and bind positively charged lipoproteins on circulating low-density lipopoteins. The lipoproteins are attracted and retained in.the.subendothelial.space.as.an.early.step in the formation of "fatty streaks," the precursor of atherosclerosis. The esearches also characterized the eff ects of hyperglycemia

Activities paid for by the National Heart, Lung, and Blood Institute

# PIGURE XVII-5.¶ Death-Rates-for-COPD-and-Allied-Conditions-by-Country-for-Men-Ages-35–74-Years, 1980 and 1997 100 10

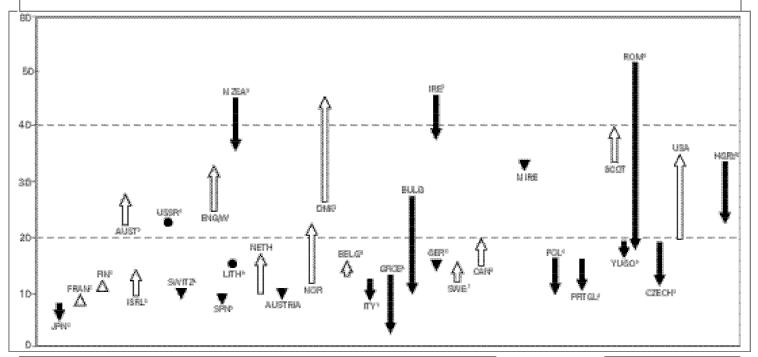
Rate per 100000-population. Age-adjusted to European Standard Population. ¶
International Classification of Diseases, 9th Revision (ICD-9), codes 490–496.¶
Source: WHO, unpublished data.

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#### FIGURE XVII-6.¶

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Death Rates for COPD and Allied Conditions by Country for Women Ages 35–74 Years, 1980 and 1997



Rate-per-100,000 population. Age-adjusted to European Standard Population. ¶

International Classification of Diseases, 9th Revision (ICD-9) codes 490–496. ¶

Source: WHO, unpublished data.

1-1980 and 1993 2-1980 and 1994 3-1980 and 1995 4-1980 and 1996 4-1980 and 1996 3-1980 and 1996 4-1990 and 1996 3-1990 and 1992 and thiazolidinedione on proteoglycan poduction. The joint resear chashowed that Troglitazone (a form of thiazolidinedione) causes significant inhibition of proteogly can, making it a potential reducer of fatty streak formation. The joint research continues, and a publication is planned.

A joint U.S.-Australia research symposium on Cardiac and Vascular Remodeling is planned for November 1999, in Atlanta, Georgia, in conjunction with the American Heart Association meetings.

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#### Canada¶

NHLBI supports a number of clinical trials carried out jointly with resear ch groups in Canada. These trials are based on protocols that specify precise inter ventions and end points and validate new prevention and treatment regimens before introducing them into medical practice. The r equirement for large patient populations often makes these studies.expensive and dif ficult.to.perform. Collaboration with research centers in other countries enables NHLBI to maximize the information obtainable from a finite patient pool, reduce costs, and most impor tant, make.valid.comparisons.of.results.in.different populations. During FY 99, Canadian scientists.participated.in.the.NHLBI studies in cardiovascularand lung diseases described here.¶

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#### Cardiovascular Diseases¶

Bypass Angioplasty Revascularization Investigation. This trial is assessing the safety and efficacy of percutaneous transluminal coronary angioplasty and coronary artery bypass graft surgery in patients with multivessel disease and severe angina orischemia who require revascular ization and have coronary anatomy suitable for either procedure. Thirteen clinical centers, one of which is Canadian, and three coordinating centers are participating in this trial. The program was initiated in FY 87. Recruitment ended in August 1991. Follow-up has been extended until 2003.

#### q

Postmenopausal Hormone Replacement Therapy After Coronary Artery Bypass Graft. Montreal Heart Institute, Quebec, and the University of Ottawa Heart Institute, Ontario, cooperate with Johns Hopkins University, Baltimore, Maryland, in ar andomized, double-blind, controlled tial that tests

the hypothesis that postmenopausal hor mone replacement therapy in women after coronary artery bypass surger y will reduce the occurrence of graft occlusion and delay the development of graft ather osclerosis. The primary outcome variables will be the occurrence of graft occlusion at 6 months and the change in severity and extent of atherosclerosis in saphenous vein grafts over 3 years. The study is funded through 2002.

#### P

Molecular Physiology of Myocardial Troponin 1 Variants. This study by Johns Hopkins University and Queens University Kingston, Ontario, aims to determine the roles of defects to cardiac-specific proteins in the progression of ischemic injury and cardiomyopathy. The subcontract to Queens University utilizes expert skills of Canadian scientists to probe thin-filament regulation of contraction. This grant is funded through 2004.

### Lung Diseases¶

# Remodeling of Human Airways in Disease.

The objective of this research at the University of British Columbia, Vancouver , is to determine whether the composition of the extracellular matrix in asthma diff ers from that in chronic obstructive pulmonary disease (COPD) or in healthy subjects. A clinical and tissue registy of more than 1,400 patients, collected over the past 20 years, provides an invaluable esource for studying the mechanisms responsible for remodeling of tissues in patients with asthma or COPD. This grant is funded through August 2003.

#### П

Molecular Basis of Lung Morphogenesis Injury and Repair. This study by the Children's Hospital, Los Angeles Research Institute, and McMaster University, Hamilton, Ontario, will ·(1) explore whether · excess tumor growth factor ·β·(TGF-β) signaling plays an adverse role in the developing lung and ·(2) determine the feasibility of novel therapeutic strategies to modulate TGB-signaling. The investigation may lead to prevention and treatment of chronic lung disease in premature infants. It is funded through 2005.¶

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## Chemokines in Lung Disease of HIV-1

Transgenic Mice. The Clinical Research Institute of Montreal is collaborting in a study to investigate the hypothesis that lymphocytic interstitial pneumonitis is immune me

diated and driven by the ecruitment of immune cells in the lung, through the action of specific chemokines. The overall objectives are (1) to understand the cellular and molecular mechanisms responsible for the lung disease arising in transgenic mice with mutations for CD4 positivity and for human immunodeficiency virus type 1 (HIV-1) and (2) to study the role of chemokines and their receptors in the development of HIV-1 disease. Funding is through June 2004.

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Lung Health Study II. The study of early intervention.for.COPD.in.nine.U.S..centers and one Canadian center was designed to determine whether special care is mor e.effective than referral to usual care in slowing the rate of decline of pulmonay function in a population of smokers with mild abnor malities.in.pulmonary.function..This.study was merged into the Lung Health Study II, which aims to determine whether patients with COPD assigned to inhaled corticos teroid treatment have a lower rate of decline of pulmonary function and lowerincidence of respir atory mor bidity than similar pa tients-assigned-to-placebo-treatment.-Ancillary studies include the efect of inhaled cor ticosteroids on adr enal sufficiency, bone mineral density, and osteocalcin levels. The study is scheduled to end in the fall of 1999.

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Clinical Centers for Childhood Asthma
Management Program. The primary objective of this Progr am is to determine, in a population of 5- to 9-year-old children with asthma, whether regular use of either of two classes of anti-inflammatory medications (inhaled corticoster oids or cr omolyn sodium), compared with regular bronchodilator medication and with each other, r esults in greater lung function and less bronchial hyperresponsiveness over a 5-year period. The enrollment is 1,041 subjects, including 123 from Tor onto, Ontario. Follow-up is in progress for this double-blind study, scheduled for completion in 1999.

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Sleep. Research: Regulation of Adenosine in Relation to Sleep. The aim of this Canadian subproject is to investigate the ole of adenosine in relation to the bain mechanism that controls sleep. The relationship is being investigated in complementary studies at the University of Pennsylvania, Philadelphia,

and the University of Manitoba, Winnipeg. Funding is through 2002.¶

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Specialized Centers of Reseath Program. In FY 98, McGill University, Montreal, was awarded a grant, under this Pr ogram, for a joint project on translational control of fibroblast viability. The goal of this joint research is to develop basic and clinical in sights that can serve as the basis for proved thempies for patients with acute lung injury. The special arangement between the University.of.Minnesota,.Minneapolis,.and the Canadian center is essential (1) to characterizing some of the translation initiation proteins to be used in the joint studies and (2).to.maintaining.the.knockout.mice.to.be used.in.phase.II.of.the.project..The.Canadian center will maintain and characterize the knockout mouse colony, prepar e and ship mice needed for experiments on a r∙ egular basis, and carry out cell-free translation and binding assays on new translation initiation constructs.¶

#### ີ China¶

Formal scientific exchanges between NHLBI and China began in 1981 and continue through to the cur rent U.S.-China Agr eement in Health, signed in October 1998. Joint.protocols.were.developed.for.epidemiologic studies in China that could be linked with-comparable-U.S.-studies.-The-goal-was to develop expertise, technology, and per sonnel for epidemiologic research in China, by using internationally standardized methods to carry out cross-sectional and pospective population studies on cardiovascular and pulmonary diseases and their risk factors. To ensur e comparability of data on trends.and.rates.of.disease, the studies have involved the Collaborative Studies Coor dinating Center, Univerity of North Caplina, Chapel Hill, and the Centers for Disease Control and Pr evention, Atlanta, Georgia. Many joint manuscripts are being prepared for.publication.on.the.basis.of.comparative data generated from this exchange program.

The initial joint studies in 1983–1985 included more than 10,000 men and women divided into four groups (Beijing and Guangzhou, urban and roural). All four groups have been followed for deaths, disease events, and trends in risk factors. Data have been collected over many years to determine the development of hyper tension,

acute-myocardial infarction, and stroke and the occurrence of sudden death in the study participants. The esults show that, with new trends in socioeconomic development and new patterns of disease, pr evention of cardiovascular and pulmonar y diseases is an urgent public health task in China. A series of joint publications have been proposed by the U.S. and Chinese scientists participating in these joint studies.

The fourth sur vey was conducted in the fall of 1998. The objectives were to(1) measure the current level of major cardiovascular and cardiopulmonary risk factors among the four Chinese populations being studied in North and South China;(2) compare current levels of majorrisk factors among these populations; (3) measure changes in major risk factors in comparison to baseline; and (4) explore associations between the change in socioeconomic status and trends of CVD risk factors. The U.S. side provided the supplies and spare par ts for laborator y equipment needed to conduct the testing of the participants in the Chinese study.

A.joint.working meeting will be held in Chapel·Hill, North Carolina, on November 3–6, 1999, to review the results from the fourth survey and the progress made on laboratory tests, which will provide cucial data for the joint epidemiologic studies. Plans for the continuation of the collaboration will also be made.

#### ∬ Egypt¶

Egypt has one of the highest rates of hypertension in the world, as evidenced by r · esults from a comprehensive project for the prevention and control of hypertension in Egypt that was developed by U.S. and Egyptian scientists in 1991. About one in four adults has elevated blood pressure and is at risk for complications such as heat disease, stroke, kidney failure, and death. The economic impact of hypertension in Egypt can be measured in billions of dollar sper year. There is great concern about the future health of the Egyptian population and the need for hyper tension prevention and control.

The U.S.-Egypt National Hypertension Survey was car ried out in 1991–1993, to study the prevalence of hypetension among Egyptians, characterize the influence of environmental and behavior al factors, determine familial and racial influences, and study the cardiac changes associated with hypertension. The project brought the latest information and technology to bear on the problem.

Data were presented at international meetings, and papers wer-prepared for publication. A.Pan Arab Conference on Hypertension was held in Egypt in 1993 as a direct outgrowth of the U.S.-Egypt collabor ation. This meeting was followed by a second joint conference in Lebanon in 1995, and a third Pan Arab Conference on Hypertension is planned for Febr uary 2000, in Abu Dhabi, United Arab Emirates.¶

As a result of the U.S.-Egypt collabortion, a.library,.information.network,.and.laboratories have been established at the Hyper tension.Reference.Center,.Cairo,.for.physicians and scientists, for consultation and study. The Egy ptian team established an Egyptian Hypertension League, and Egypt has joined the World Hypertension League as-a-member.-A-self-sustaining-research-and education program in Egypt was planned. Formal collabor ation between the United States and Egypt on phase I of this program was terminated in March 1994 with a final joint meeting in Egypt after completion of the survey. Informal collaboration between U.S. and Egyptian scientists and joint pub lications of the results continue. ¶

Egypt is an invited participant in the plan ning meeting for the Middle East Hypetension Initiative developed by NHLBI to focus attention on the benefits of collaboration to prevent hyper tension and its serious sequelae of heart attack and stroke. The planning meeting will be held in Amman, Jordan, in December 1999.

#### <sup>™</sup> Germany¶

The United States and Germany are cooperating in biomedical research under an agreement signed in 1976 and renewed periodically since then. The cooperation encompasses research on cardiovascular and pulmonary diseases and involves basic and applied research.

Recent collaboration in the cadiovascular area has focused on genetics and animal models. Staff from NHLBI and U.S. and German researchers met in FY 96 to begin to map the rat genome, coor dinate their efforts, create cross-referenced reagents, and produce interdigitated maps. In March 1997 scientists from the NIH Rat Genome poject

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and the European Rat Genome project met for a U.S.-German joint workshop in Topnto. They discussed the progess and status of studies.of.human subjects, the development of rat models, genetic mapping, cDNAcomplementary.DNA).libraries,.bioinfor matics, communications and shared technologies, and radiation hybrid panels. The comple tion of a high-density, integrated genetic linkage and radiation hybrid map is a landmark in the fi eld of genomic science. This map is considered to be a major , central, and essential resource for understanding ge netics.in.the.rat.(*Rattus.norvegicus*)—one.of the primar y animal models for human medical research). The rat map was a col laborative.effort.of.several.groups, including researchers at the Medical College of Wis consin, Milwaukee, and the Whitehead Institute at Massachusetts Institute of Tech nology, Boston.¶

In December 1999, the U.S. and Ger man researchers collaborating on this paject plan to meet at the Physiological Genomics and Rat Models Meeting, in Cold Spring Harbor, New York, to present major progress in developing data sets and libraries in each country, for joint research. Topics to be discussed include genomics, bioinformatics, expression profiling, comparative mapping, complex trait analysis, model systems, transgenics, and phar macogenomic risk assessment.

NHLBI collaboration in pulmonar y research focuses pimarily on basic and clinical research on asthma. Prevalence of asthma has been increasing in Wester n industrial countries over the past 30 years. Because one-half of all asthma cases are diagnosed by age-3-years-and-90%-are-diagnosed-by-age-6 years, factors associated with the early onset of-asthma-are-of-primary-interest-in-current research. Researcher saare studying genetic and environmental factor s operating in utero.and.immediately.postnatally,.because these factors may influence the early onset of asthma. During FY 99, collaboration iner search on envir onmental factors has in volved the evaluation of dietary factor sinfluencing the development of asthma inearly-life. Recent analyses by r esearchers at the Channing Laborator y, Brigham and Women's Hospital, Boston, Massachusetts, and the Munich Children's Hospital sugges that obesity and dietary fats, par ticularly margarine, may be related to asthma and

atopy. Changes in diet during pregnancy, especially in the consumption of vitamins and polyunsaturated and saturated fatty acids, are exposures that may explain the increase in aller gy and asthma. The researchers have also identified strong associations between body mass index and asthma and atopy, on the basis of data developed in the U.S. National Health and Nutrition Examination Survey on 3,000 children ages 4–17 years. Future studies will assess the role of maternal diet, breast milk, and birth weight on the development of the immune system in asthma, which appears early in life.

The most recent U.S.-Ger man workshop in pulmonary research was held in Berin, in June 1998. The topic was Asthma in Early Childhood. U.S. and German scientists reported on the epidemiology of asthma, genetic markers, cellular mechanisms of air way hyperreactivity, asthma and infection, and primar y and secondary prevention of bronchial asthma. The meeting gave investigators from both countries an opportunity to share information, develop new collaborations, and plan new directions for future joint research.

#### ¶ India¶

NHLBI has collaborated with scientists in India for more than 20 years. Curently, U.S. and Indian researchers collaborate under the terms of the Gandhi-Reagan Science and Technology Initiative begun in 1982. Specific joint projects are reviewed for support by the Indo-U.S. Science and Technology Subcommission. In addition, in-country support is provided by NHLBI.

An NHLBI Nobel Laureate and Chief of the Laboratory of Biochemistry and Genetics and an emeritus scientist in the Department.of.Biochemistry, All India Institutes of Medical Sciences, New Delhi, continue their joint-research. The project deals with mutual interest in basic cellularresearch supported.by two reseach grants; one awarded in FY 98 and another nearing completion. Both grants deal with aspects of the developmen and differentiation of the ner vous system. The scientists are using the latest molecular biology techniques to study growth factor s in conditioned C6 glioma media and their implications in viral diseases of the central nervous system. This collabor ation has resulted in several new discoveries, leading to

a series of publications, including aeport on An IL-6 (interleukin 6)–Mediated Growth Loop in the Human Glioblastoma Multi forme Cell Line U87-MG and a.r. eport on Monoclonal Antibodies Against Human Glioblastoma Multiforme (U87-MG). Two other manuscripts, one on A Device for-Transplantation of Single Cells and another on. A. Device for Single-Cell Transplantation With Minimal Transfer of Suspension Fluid, deal.with.a.new.technology.for.transplanting single identifed cells into specifc regions of the brain with a high degree of precision. The Indian investigator is using this device to-microinject-cells into neonatal and adult brains and to evaluate the state of trans planted cells by species-specific monoclonal.antibodies.¶

In addition, the joint project has resulted in the generation of a monoclonal antibody (6DS1) against a human glioblastoma multiforme cell line that recognizes the 38-kilodalton cell surface antigen on glial tumos. The scientists have also purified the antigen protein from the glioblastoma multiforme cell line U87-MG and have used it to produce hybridomas secreting monoclonal antibodies that may recognize specificipitopes on this protein. The investigator anticipate that this resear ch-could lead to the development of a diagnostic tool in the histopathological grading and localization of human brain tumors.

The grant awarded in FY 98 also includes the Chief of the Laboratory of Biochemical Genetics as co-principal investigator and supports.joint.research.on.the.immortalization of human fetal neurons, the r · ole of trophic factor s in their sur vival, and the study of apoptotic features of selective neuronal death during aging of neurons in culture. The goals of this project are to culture and.immortalize.human.neuronal.cell.lines and introduce the cells into the rodent central-nervous system to assess their diff erentiation potential. This grant has a duration of 5 years, and it provides international tavel costs for continued exchange visits to. NHLBI.¶

In FY-99, the Indian professor worked in the Laboratory of Biochemistry and Genetics, NHLBI, continuing this joint project as a potentially valuable approach to transplantation studies in neurodegeneative diseases. The project is expected to continue toward the genetic manipulation of neurons

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in culture to immortalize them and to identify changes in their gene expession during aging.¶

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#### Italy¶

NHLBI has collaborated with Italian scien tists under bilateral agrement for more than 20 years. The cur rent joint r esearch effort with Italy is conducted under the auspices of the 5th U.S.-Italy Science and Technology Agreement, signed in Washington, D.C., on November 5, 1997, and a joint statement on international cooper ation, entitled A New.Partnership.for.a.New.Century,.signed on May 6, 1998, by President Bill Clinton and Prime Minister Romano Prodi. Under these agreements, NHLBI and the Institute of Pharmacology, Univer sity of Milan, are collaborating in car diovascular and pul monary r esearch of mutual inter est and benefit.¶

Since the 1st U.S.-Italy Joint Workshop on Measurement and Control of Cardiovascular Risk Factors was held in Rome, in December 1978, between NHLBI and the University of Milan, scientists from both sides have conducted many joint resear chaprojects and shared information on a range of topics. Joint symposia have given U.S. and Italian scientists the opportunity to share recent data, develop proposals fornew research projects, and discuss new research priorities.¶

The most recent U.S.-Italy joint sympo sium on CVD was held in Bethesda, Mary land, in November 1998. The topic was Vascular Biology of Atherosclerosis. The following areas were discussed: the pathophys iology of the molecular wall, molecular genetics, immune responses, inflammator y responses, gene therapy, and drug esponses. Recommendations for future studies include new technologies, the role of inflammation in CVD, novel approaches to gene therapy, regulation and control of vascular growth, and functional genomics in CVD.

The next-U.S.-Italy-symposium in cardiovascular research is scheduled for December 1999, at the University of Milan. Topics will include genetics and gene therapy, molecular car diomyopathy, pharmacogenetics of lipid disorders, cholesterol studies in animal models, growth factor s, cell prolifer ation, and collagen synthesis in human atherosclerosis.¶

A.U.S.-Italy-workshop-on-pulmonary-dis-

ease was held in Ferr ara, Italy, in October 1997. It focused on Non-invasive Assessment of Airway Inflammation. Investigators from both sides exchanged infor mation in the following areas: inflammation in chronic obstructive aiway disease; the distribution and chronobiology of inflammation; methods and validation of sputum induction and content; circulating mar kers of air way inflammation; the role of nitricoxide; the differences in air way disease and disease severity; induction of sputum to monitor airway inflammation in clinical trials; and the effects of long-acting bronchodilator son sputum cells and mediators.

The next-joint meeting in pulmonary research will be held in Paler mo, Italy, on October 14–15, 1999. The topic will be Biochemical Markers and Assessment of Lung Diseases: Prognostic, Diagnostic, and Therapeutic Implications. A number of important and timely topics will be discussed. These topics include the analysis and significance of cells and chemicals in sputum, in asthma, and in COPD; genetic susceptibility to lung cancer; assessment of sleep-disordered breathing and its sequelae; and the potential clinical role of biomar kers in the early detection of lung cancer.

The joint symposia have generated col laborative research projects in a number of areas. Forinstance, U.S. and Italian scientists are cooperating on research in vasoconstriction.in.the.liver..This.project.is.a.collaboration between New York Medical College, Val halla, and the Institute for Clinical and Experimental Medicine, Padua. The scien tists are studying impair ed renal function in.patients.with.cirrhosis; the.vasoconstrictors produced in the liver or introduced by portal inflow; and the pathogenesis of he patic portal hypertension. As a result of this joint-effort, the researchers have developed new pharmacological approaches to this clinical problem. They have veified the role of cytochrome P-450–dependent metabo lites of arachidonic acid, 20-HETE, and 11,12-EET in the control of pottohepatic resistance and response to endothelin-1 and have evaluated their level of inhibition on basal portal pr essure and on vasoconstr iction.by.endothelin-1.¶

Another cooperative eff ort in car diovascular research relates to cholesterol transport. A scientist from the Institute of Pharmacological Sciences, University of Milan,

worked.with.the.Chairman,.Department.of Pathology, University of Washington, Seattle, on a project that provided evidence for the role of prenylated proteins in the emergence of cells from the quiescent state to cell-cycle progression. Studies were based on the mitogenic role of platelet-dered growth factor (PDGF) in the Swiss 3T3 cell line. The scientists found that geranylgeranylated prtein Rho B plays a role in the contr PDGF-induced.cell.migration,.morphology and proliferation. The Rho A protein r egulates the assembly of focal adhesions and the organization of the actin cytoskeleton. The specific role of Rho B is still unknown. The scientists plan to continue efforts to determine-whether-Rho-B-is-a-key-regulator of cytoskeletal integrity, cell morphology, adhesion, and migration in ar terial smooth muscle cells and in cardiovasculardisorders.

Joint pulmonary r esearch continued be tween professor s of pharmacology at the University of Florence and the University of Milan and a professorof medicine and phys iology.at.the.Cardiovascular.Research.Institute, University of California, San Francisco The focus is the effect of endogenous nitric oxide on bronchoconstr iction induced by cold air inhalation in guinea pigs and me diated by kinins and tachykinins. The sci entists also studied the role of NK receptors in neutrophil-epithelial interactions. They reported that interleukin 8 (IL-8) injected into the airway lumen of the guinea pig tachea caused neutrophil recruitment. The U.S. researcher had pr eviously shown that neutrophil elastase is the most potent sectagogue of goblet cells involved in peripheral airway.obstruction.by mucous plugs in critically ill patients with asthma. These studies were followed by a collabor ative study in patients with asthma, which showed that nitric oxide also par ticipates in asthmatic bronchomotor responses in human disease Further.collaboration.will.focus.on.the.role of tachykinins, epithelial cells, and macro phages in the release of IL-8 and on the con sequent accumulation of neutrophils in the lungs.and.airways.¶

NHLBI's cooperation with Italy has expanded to place new emphasis on research in women's health. The Associate Director for International Programs, NHLBI, served on the international planning committees of the 1st, 2nd, and 3rd International Symposia on Women's Health in Menopause.

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She will participate in the 3rd International Symposium on Women's Health and Menopause: Risk Reduction Strategies and Improved Quality of Health, to be held in Venice, in October 1999. In follow-up to the 2nd.International.Symposium.on.Women's Health, in Florence, in 1998, NHLBI and the NIH's Women' s Health Initiative pro gram.hosted.a.series.of.joint.meetings.with the Lorenzini Foundation, in Bethesda, Maryland, in November 1998 and in March 1999. The next meetings are planned for November 1999 and Mar ch 2000. At these meetings, a position paper will be developed by an international working group of about 20 prominent scientists, r. esearchers, and clinicians from a variety of medical and bio medical disciplines relevant to this fi eld of research. This document will be presented during the 4th International Symposium on Women's Health and Menopause, in Wash ington, D.C., in June 2001. It is anticipated that this presentation will lead to new stategies for the promotion of women's health in the future.¶

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#### Japan¶

For more than 20 years, NHLBI has coor dinated a series of U.S. and Japanese joint pojects.in.research.on.CVD, providing unique opportunities.for.comparative.studies and new insights into patterns of CVD. This col laboration has shown signifcant differences in CVD patterns in the United States and Japan, particularly with regard to stroke and coronary heart disease. This observation has led-to-comparative-studies-focusing-on-four areas: (1) dietary studies of the positive or negative effects of calcium, potassium, phys ical exercise, and alcohol on hyper tension; (2) studies of the progression of hyperten sion in children, as a pedictor of high blood pressure in adults; (3) pathology studies of intracerebral ar teriosclerosis; and (4) community-based intervention on dietar y and other.risk.factors..¶

NHLBI's current cooperation with Japanese scientists is based on a U.S.-Japan Agree ment on Cooperation in Resear ch and Development in Science and Technology, signed in June 1988 and renewed in June 1993. Periodic Summaries of Discussion out lining specific collaborative activities in basic research, epidemiology, and community studies have been signed by the Director, NHLBI, and the President of the National

Cardiovascular · Center · (NCC), · Osaka. The most recent document was signed in Apr il 1998 · at · the conclusion · of a joint U.S.-Japan symposium · in · Nara · At · that meeting, scientists reported · the results of ongoing joint esearch, · as well as new findings in genetic epidemiology. ¶

The delegates to the U.S.-Japan sympo sium repor ted further increases in car diovascular risk factors in Japanese populations and.marked.differences.in.CVD.patterns.in the United States and Japan as diets became more-westernized. The prevalence of hypercholesterolemia.has.increased.in.Japan.over the past 10 years. The incidence rate of . stroke in Japan continues to be higher than that of acute myocardial infaction. The age adjusted annual incidence of first stroke in 1997 was 99 in men and 58 in women per 100,000 population, whereas that of acute myocardial infar ction was 15 and 26 per 100,000 population, respectively. U.S. delegates reported on population trends in the prevalence and incidence of CVD in the United States; eff ective strategies for risk reduction of ather osclerosis; genetic epi demiology of CVD risk factors; and theuse of whole-genome screens to fi nd new genes for atherosclerosis susceptibility. Participants also discussed the economic and epidemiologic impact of hypertension and its-treatment, as well as advances in health economics.¶

At the conclusion of the 1998 symposium, both sides proposed to continue joint studies in the four areas:

- 1. prevention of hyper tension through diet and other nonphar macological approaches;¶
- 2. · high blood pressur e and other CVD risk factors among childr en and young adults:¶
- 3. comparative pathology studies of atherosclerotic and hypertensive lesions; and \[ \]
- 4. programs for community intervention and prevention of CVD.¶

During.FY 98, the principal investigator for the U.S. Pathobiological Deter minants of Atheroscler osis in Youth (PDAY) study, which is a cardiovasculardata and specimen library at Louisiana State University Medical Center, New Otleans, visited Japan. The purpose was to discuss joint interests with a number of collaborators in Japan, including a cardiovascular pathologist conducting a parallel PDAY study at NCC. He also met

with a researcher at Toho University, Tokyo, regarding publication of immunohistochemical findings on apolipoproteins in the arteries of PDAY subjects. Visits to collaborators at Keio University, Hirosaki, and Kugazama Hospital, Tokyo, focused on studies of peroxidability of lipoproteins and the effects on atherosclerosis. The visit also included scientific discussions at the Department of Medicine, Shimane University, Izumo, regarding participants in the Honolulu Heart Project and the Ten Cities Study in Japan.

A joint study was initiated in November 1998.between.the.Director.of.the.Minnesota. Heart. Program, University of Minnesota, Minneapolis, and the Deputy Director, Department of Pr eventive Cardiology, NCC. The U.S. researcher gained new insights on stroke sur veillance in Japan and shared methods used in the Minnesota Twin Cities Study. The scientists compared case ascer tainment, stroke classification, data collection methods, and ethical and legal bariers to surveillance projects. In June 1999, the Japanese investigator made a eciprocal visit to the University of Minnesota, bringing with him a data set that was then merged with the U.S. database, for joint analyses. It is anticipated that a significant publication will-result-from-this-joint-study.¶

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#### Korea¶

NHLBI cooperates with the Kor ean Ad-vanced Institute of Science and Technology under the U.S.-Korea Science and Technology Agreement, originally signed in 1976. A series of joint projects has been conducted, focusing on the role of oxygen radical—mediated oxidation of proteins and lipids in various biological processes, including aging, atherosclerosis, ischemia—perfusion injur y, and inflammation and signal transduction.

In 1992, the Laborator y of Biochemistry initiated a collaboration with the Resear ch Center for Molecular Micobiology (RCMM), Seoul National University. This collaboration was renewed and expanded in 1995 by the Director, NHLBI, and the Director, RCMM. During FY-96, the Director, NHLBI, made a reciprocal visit to RCMM and presented a lecture on Futur Directions in Cardiovascular Research.

RCMM.cooperation.continued.during.FY 99..Two.investigators.from.the.Department of Microbiology, Seoul National University,

collaborated with NHLBI scientists in studies of free r adicals and oxidative stress in the signal transduction pathway. Theystudied the generation of fee radicals during the glycation.reaction, using electron paramagnetic resonance spectroscopy. Current data from animal pathology studies have shown that advanced glycation end products accumulate in animal tissue, resulting in athersclerosis, diabetes mellitus, and aging. In ad dition, the recent findings have shown that glycated proteins can function as catalytic centers for additional fr ee-radical genera tion. These advanced glycated end products are associated par ticularly with long-lived proteins such as collagen, lens crystalline, and nerve proteins. Joint research findings were published in the Journal of Biological Chemistry (January 1996) and will be presented at the 8th Congress of the Inter national Association of Biomedical Gerontol ogy, in Kyongju, Korea, in February 2000.

Other collaborations focused on studies of the activation mechanism of the human manganese superoxide dismutase gene, which is mediated by oxidative stress. The results of this investigation will be published in the *Journal of Biological Chemistry* (December 1999).

Another collaboration, between the Kora Research Institute of Bioscience and Biotech nology and the Laboratory of Cell Signaling, NHLBI, focused on the structural characterization of thioredoxin per oxidase, an antioxidant of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>). Although peroxidase is considered to be a toxic byproduct of respiration, increasing evidence suggests that the production of H<sub>2</sub>O<sub>2</sub> may be an integral component of membrane receptor signaling. The researchers also studied the second-messenger function of H<sub>2</sub>O<sub>2</sub> and the identification of the cellular target molecules on which H<sub>2</sub>O<sub>2</sub> acts.

In April 1999, NHLBI initiated a program of collaboration with the lar gest women's university in the world, Ewha Women's University, Seoul. This university designated a center of excellence by the Kor ea Science and Engineering Foundation. Under this agreement, Korea and the United States will exchange scientists for joint research between Ewha's Center for Cell Signaling Research and NHLBI's Laboratory of Cell Signaling. Two Korean research associates initiated this exchange program in August 1999. The focus is on the basic resear choof

peroxir edoxins  $\cdot$  (enzymes that eliminate  $H_2O_2$ ), their crystalline structure, the generation of peroxir edoxin-null mice, and the identification of proteins that contain  $HO_2$ -sensitive cysteine residues during oxidative stress signaling.

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#### Pakistan¶

Increasing knowledge and awar eness of CVD, its determinants, and effective ways to prevent it are the goals of an agreement between NHLBI and the National Institute of Cardiovascular Diseases, Karachi, which povides the framework for a joint epidemiology study. The community study, initiated in 1993, further aims to expand the Pakistani capacity for assessment and modification of CVD risk factors. One of the questions being explored is whether .U.S. CVD prevention programs can be adapted to Pakistani subpopulations to reduce the high ates of morbidity and mortality.

The study participants ar e divided be tween intervention families and contr families, and their progress is being compared. Data analysis will assess the shor tterm effectiveness of the intervention. The partnership of both institutes is evident in the design, planning, data standardization, control, and analysis. Exchanges of scien tists, joint meetings, and development of joint-research-publications are also included within the scope of the project. A no-cost ex tension of the project was approved through May.2000..Two.Pakistani.scientists,.including.the.coordinator.for.the.joint.study, visited the University of Nor th Carolina, Chapel Hill, during FY 99 to discuss issues of data comparability with U.S. counterpar ts and to work on joint esearch reports. A second rescr een of the study participants is. scheduled for the fall of 1999. It is expected that the results will lead to improved evaluation.of.changing.risk.factors.over.time.¶

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#### Poland¶

The NHLBI-Poland collaboration in CVD esearch was first conducted under the umbrella U.S.-Poland Agreement for Health Cooperation, signed by the U.S. Secretary of State, Henry Kissinger and the Deputy Prime Minister and Chair man of the Planning Commission of the Polish People's Republic, Mieczyslav Jaqielski, on October 8, 1974. Specific-joint interests in car diopulmonary research are outlined in Summar ies of Dis-

cussions between NHLBI and the Polish National Institute of Cardiology. The most recent document was signed in August 1998, after a U.S.-Poland Joint Workshop in Cardiopulmonary Disease, in Rockville, Mar yland, in March 1998.

Marked differences in CVD and isk factor trends in the two countries are of special in terest for joint resear ch. For instance, al though the magnitude of the disability from ischemic heart disease is high in both coun tries, death rates in the United States from 1974 to 1994 declined by 43%, while they increased in Poland by approximately 70%. For COPD, mortality rates declined slightly in the United States for men and signifi cantly so in Poland for men and women during 1980-1993. The United States experienced.a.significant.increase.in these rates for women during the same period . (World Health Statistics Annual, WHO). Also, with the introduction of a free-market system in Poland in 1989, trends in mortality rates attributed to smoking in the adult population, aged 35-69 years, incr eased about 64% in men and almost 10-fold in women, where as mortality not attr ibuted to smoking re mained stable. The United States has been successful in establishing nationwide public health-policies-to-reduce-cigarette-smoking, whereas Poland has not yet intoduced such policies. These diff erences in tr ends have provided a focus for joint research into the etiology of cardiopulmonar y diseases and their-risk-factors.¶

Since 1980, the Collaborative Studies Coordinating Center, Chapel Hill, North Carolina, has carried out joint analyses to compare epidemiologic data from the Pol-MONICA Study with data from the U.S. Lipid Research Clinics Program Prevalence Study (U.S.-Poland Collaborative Study) and the U.S. Atherosclerosis Risk in Communities study. In these joint efforts, scientists in Warsaw, Krakw, and the United States have assessed the prevalence of cardiopulmonary diseases and their risk factors in urban and rural populations, as well as differences between trends in the United States and Poland.

In October 1998 and April 1999, researchers from the Collabor ative Studies Coordinating Center and the University of Alabama, Birmingham, collabor ated with scientists in Warsaw and Krak wto complete comparisons of epidemiologic data.

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They prepared a series of joint manuscripts on heart rate variability, community surveil-lance correlates, hypertension incidence and mortality, smoking and lipids, correlates of weight gain, and low lipids and mortality.

Scientist exchanges continued to be a . valuable tool to develop new initiatives and facilitate cutting-edge joint reseath projects. During.FY.99, a researcherfrom the Department of Medicine, Jagellonian University, Krak w, carried out joint research with the Director of the Center for Experimental Therapeutics and Reper fusion Injury, Brigham and Women's Hospital, Boston. The Polish resear chers provided samples from their population of patients with aspirintriggered asthma, and the U.S. resear chers measured the presence of 15-epi-lipoxin A. The joint resear ch showed that activated cells from patients with asthma had less abil ity to generate lipoxins than cells fr · om healthy.subjects..This.finding.suggests.that an enzyme defect and/or lowering of activity may be risk factors in aspirin-sensitive asthmatics.and.in.other subgroups.of.asthmatics. An abstract on these r · esults was presented at the 1999 Amer ican Thoracic Society, American Lung Association Inter national.Conference, in San Diego, California, in April 1999.¶

Also in FY 99, a new collaboration of mutual benefit was initiated between researchers at the Center for Clinical and Experimental Medicine, Warsaw, and Harvard Medical School, Brigham and Women's Hospital, Boston, Massachusetts. This joint work focuses on basic cardiopulmonary research utilizing genetically engineered mice. To facilitate this program, a Polish researcher visited the U.S. hospital to share new technologies important in maintaining and genotyping this animal model in Warsaw. Continued collaborations in this area are planned for FY 00.¶

#### Russia¶

The NHLBI collaboration with Russia and the former Soviet Union has been ongoing for more than 25 years under a series of agreements. In Febr uary 1998, dur ing a meeting between the coordinator s of the U.S.-Russian collaboration in car diopulmonary r esearch—the Dir ector of NHLBI, the Director of the Cardiology Resear ch Center of Russia, and the Dir ector of the National Center for Pr eventive Medicine,

Moscow—an agreement was reached to restructure the collaboration into two main areas: CVD and pulmonary disease. The priority areas agreed on for CVD include basic research; prevention, education, and control in heart disease; hypertension; continued joint epidemiologic studies; and management of ischemic heart disease. For pulmonary disease, the priority areas are basic research, genetic studies, prevention, asthma, and pulmonary hyper tension. Exchanges of scientists in pulmonary and cardiovascular research will be continued.

NHLBI, along with four other NIH Insti tutes, has also been an active participant in the Gore-Cher nomyrdin subcommittee meetings.in.the.priority.area.of.health.promotion and disease prevention. (The four Institutes are the National Cancer Institute, the National Institute on Drug Abuse, the National Institute on Alcohol Abuse and Al coholism, and the National Institute of Der tal and Craniofacial Resear ch.). Exchanges of information with Russian colleagues have been ongoing, to discuss potential collaborative.projects.that.may.build.on.previously-successful-research-projects-and-to-establish new and alternative mechanisms for funding.joint.research.¶

During.FY.99, a.U.S.-Russia Joint Symposium in Basic Research in Car diovascular and Pulmonary Diseases was held in New Orleans, Louisiana, on Mar ch.4–6, 1999. From each side, five scientists in the cardiovascular area and two scientists in the pulmonary area participated. The presentations addressed cellular mechanisms of human atherosclerosis, vascular remodeling, molecular regulation of differentiation in smooth muscle cells, molecular mechanisms of endothelial cell dysfunction, hypoxic signaling pathways in vascular cells, association of *Chlamydia pneumoniae* and atherosclerosis, and vessel wall biology and gene therapy. ¶

Scientists from both countries proposed the following topics for futue collaboration in the area of basic research on heart and vascular diseases:¶

- 1. · molecular · mechanisms · of · contraction in · smooth · muscle · cells:¶
- 2. · gene · regulation · and · delivery · to · specific · targets · in · the · cardiovascular · system;¶
- 3. cellular differentiation and its regulation in the vasculature and in ather osclerosis;¶
  - 4. cell interaction, inflammation, and in-

fectious.agents.in.atherogenesis;.and¶

5. biomechanics and cellular signaling in the cardiovascular system.

A Joint U.S.-Russia Symposium on Basic Research in Cardiovascular and Pulmonary Diseases is planned to be held in Russia in FY 01.¶

Future plans for exchanges of scientists in the pulmonary research area were also discussed during the New Orleans symposium. The following topics were proposed for future collaboration:

- 1. gene regulation and delivery to specific targets in the pulmonary system;¶
- 2. biomechanics and cellular signaling in the pulmonary system; √¶
- 3. · pathogenic mechanisms of primar y pulmonary hypertension; and ¶
- 4. cell interaction, inflammation, and infectious agents in pulmonary disease. ¶

A.U.S.-Russia Joint Symposium on Arrhythmia was held in Moscow , on May 24–27, 1999. Seven U.S. scientists participated with their Russian counterparents in discussions of topics including atrial and ventricular arrhythmias, antiarrhythmic drugs, and stratification of risk for sudden car diac death.

The scientists proposed the following top ics.for future collaboration in the area of arrhythmia:¶

- 1. risk stratification for sudden car diac death and its prevention through development of patient populations, databases, and clinical trials—resources that enable detailed clinical studies in high-impact areas of public health;
- 2. · basic clinical and epidemiologic studies to prevent lethal ar rhythmias in hear t failure · patients;¶
- 3. development, evaluation, and clinical testing of pharmacological and nonphar macological therapies for ar rhythmias, including catheter ablation technologies; and
- 4. · consideration of exploration of genetic population resources and new molecular variation studies, in basic and clinical approaches to treatment of difficult arrhythmias. ¶

A.joint U.S.-Russia Symposium on Arrhythmia is planned for the United States in FY.01.¶

Three Russian scientists will visit the Unit ed States in November 1999. The scientists will participate in the American Heart Association meeting in Atlanta, Georgia, on

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November 7–10, 1999, and also will visit laboratories in the United States that have been agreed on by both countries. This scientific.visit.will.provide.an.opportunity.for U.S. and Russian scientists to develop joint research proposals of mutual inter est and benefit.¶

#### South Africa

U.S. and South African scientists have col laborated since 1996 on the growing problem.of.hypertension.in.both.countries..The 2nd·U.S.-South·Africa·Workshop·on·Hypertension in Blacks was held at the NIH, in Bethesda, Maryland, in July 1998. Both sides agreed to exchange scientists and infor mation over the next 2 years in the following areas.identified.as.high.priority:.¶

- 1. joint studies on salt sensitivity, body mass.index, and hypertension; ¶
  - 2. hypertension in pregnancy; ¶
- 3. · community studies of hypertension prevention and intervention; and ¶
- 4. exchanges between deans of U.S. and South-African-Schools-of-Public-Health.-¶

In-follow-up-of-the-workshop,-there-were exchanges of scientists and information. The deans of Tulane University, New Orleans, Louisiana, and the National School of Public Health, at the Medical University of . Southern Africa, Medunsa, exchanged in formation.during.FY.99.¶

A.South.African.scientist visited the Unit ed States in March–Apr il 1999 to continue joint∙research∙on salt sensitivity in black hy pertensives.with.U.S. researchers.in cardiovascular epidemiology and clinical applications at Wayne State University , Detroit, Michigan. This visit was in follow-up of joint plans to study salt sensitivity in black hy pertensives by linking ongoing studies in both countries. The scientists also developed a joint protocol to ensur e standardized methodologies for fieldwork and laboratory analyses that will be compared. A joint r esearch proposal was prepared and submitted for consideration for funding. ¶

#### **Uganda**¶

The impact of tuberculosis on human immunodeficiency.virus (HIV) disease is the topic of a 5-year grant awar d to a scientist from Case Wester n Reserve Univer sity, Cleveland, Ohio, for research in Uganda. This research will investigate the hypothesis that the interaction of tuberculosis and HIV

during active tuber culosis predisposes the host to progression of HIV through both virologic and immunologic events. The r · esearch will also explor e the central r. ole played in the process by the inter action of macrophages with T cells. The Ugandan counterpart for this research is the Joint Clinical Research Center , Kampala. The award is expected to begin in 1999 and con tinue.for.5.years.¶

#### Vietnam.→

U.S. and Vietnamese officials and scientists have collaborated since 1993 in research on blood.diseases,.such.as.aplastic.anemia.and hepatitis. The cooperation between NHLBI and the Institutes of Blood Transfusion and Hematology, in Hanoi and Ho Chi Minh City, also includes the safety of the blood supply, which is an important concer n for patients requiring blood transfusions and their.physicians..This.joint.research.has.developed-as-an-extension of the 10-year U.S. Thai cooperation.

In January 1999, a Vietnamese scientist worked with staff · of the Hematology Branch, including the Bone Mar row Transplantation Unit, NHLBI, for 3 months of joint-research-on-bone-marrow-transplantation, developing protocols forbone marrow transplantation in Vietnam and comparing rates of graft-versus-host disease in Viet namese and U.S. populations. He also inter acted productively with staffin NIH research laboratories.focused.on.the.management of malignant.blood.diseases..¶

The Head, Hematology Branch, NHLBI, as well as the Head, Department of Transfusion. Medicine, and a repr esentative of the American Red Cross visited Vietnam to present.another.in.a.series.of.seminars.to.Vietnamese scientists and health care pr ofessionals in Hanoi and Ho Chi Minh City. The seminars-addressed-blood-transfusion-safety and the organization of blood tr ansfusion services. Plans.were.made.to.continue.joint research on seronegative hepatitis in patients in.Hanoi..Proposals.were.developed.for.the next-series-of-lectures, as-well-as-exchanges of scientists for FY 00 in transfusion medicine. The scientists met with investigators at the National Institute of Hematology and Blood Transfusion, Hanoi, and the Bach Mai Hospital, Hanoi University Medical School. The Vietnamese scientist in Ho Chi Minh City has been re-elected as president of the

Vietnamese.national.hematology.society.¶

Collaborative inter ests were fur ther strengthened.during.the.visit, when the Director, National Institute of Hematology and Blood Transfusion, agreed to cooperate on collection of valuable serum and stool spee imens from patients with seonegative acute hepatitis, which is repor ted to be particu larly common in Vietnam. U.S. scientists will use these specimens for molecular studies seeking to discover a new vir us responsible for this type of acute hepatitis, fulminant hepatitis of childhood, and posthepatitis aplastic anemia. Specimens of liver and bone marr ow from such cases have not.proved.useful.in.experiments,.probably because they are too damaged due to the late stage of disease. Scientists in both countries are looking forward to continued collaboration.¶

#### Activities With International and Multinational Organizations 17

Combating heart, lung, and blood diseases globally was the focus of the NHLBI activi ties with international agencies and multinational organizations during FY 99. NHLBI staff serve as consultants to PAHO, WHO, and other international organizations that contribute to worldwide plans for the pr evention and control of CVD and pulmonar and blood diseases in both developed and developing countries. New collaborations with PAHO in CVD research were initiated in FY 99, in recognition of the jointly cele brated 50th year anniversaries of NHLBI and WHO.¶

Since 1980, the Institute has served as a WHO Collaborating Center for Car diovascular Research and Training for the Americas and, in this role, pr ovides information and.data.for.use.throughout.the.world..The center provides advisory ser vices to WHO, assists in the training of WHO fellows, and provides advice on the collection and ex change of information and data on activities in the field of CVD research, especially prevention and control of CVD and advances in basic.research.¶

The NHLBI Director and senior staff participate.in.WHO.advisory.committee.meetings and contribute to WHO r. eports in a number of ar eas. The Director · also serves as special advisor to the World Hyper tension League board. The Coor dinator of the Institute's National High Blood Pressure Ed-

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The Director , NHLBI, has been elected president of the Wold Hypertension League beginning in August 2000.¶

During FY 99, NHLBI actively paticipated in meetings and symposia with interna tional and multinational organizations. In September 1999, the Dir ector, Division of Lung Diseases, repr esented the executive committee of GINA at a meeting in Harare, Zimbabwe. Scientists from eight countr ies (Botswana, Cameroon, Ghana, Malawi, South Africa, Sudan, Zambia, and Zimbab we) met to discuss medical problems associated with asthma. The meeting was spon sored by the Pan Afr ican Workshop on Allergy and Asthma Immunology and GINA The participants agreed on the importance of discussions between African r espiratory physicians, allergists, and health education specialists to begin to collect information on the growing problem of asthma in Africa and on challenges related to a shor tage of funds.for.medications, manpower development, and resear ch. GINA meetings were also-conducted in Brussels, Belgium, in January, and in Salzburg, Austria, in March 1999. World Asthma Day 2000 will take place on May 3, 2000, when educational and communications activities will be held in more than 35 countries throughout the world.¶

NHLBI is collaborating with PAHO on PAHI.in. North, Central, and South America and the Caribbean. Hypetension is the most prevalent CVD in the Amer icas, affecting approximately one in fouradults (about 140 million.people)..After.the.May.1998.PAHO-NHLBI-FIC conference on Global Shifts in Disease Burden: the Cardiovascular Disease Pandemic, NHLBI hosted an NHLBI-P AHO planning meeting on Translating Science into Action, at the NIH, in Bethesda, in March 1999. Par ticipants included representatives.from.Argentina,.Barbados,.Brazil, Canada, Chile, Cuba, Mexico, Uruguay, the United States, and international and regional scientific organizations. The planning meeting culminated in a joint PAHI state ment in English and in Spanish, outlining proposed activities for the future. In addition-to-PAHO, NHLBI, and delegates to the March 1999 meeting, six inter national organizations have endorsed the PAHI state

ment. A joint article by the Directors of PAHO and NHLBI has been prepared for publication in the World Hyper tension League. Newsletter.

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#### Extramural Programs¶

NHLBI supports a broad range of research projects through international grants, contracts, cooperative agreements, and fellowships with foreign institutions. These in ternational activities provide valuable opportunities to draw on worldwide resources and expertise.

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#### Grants ¶

NHLBI supported 14 projects involving foreign investigators during FY 99; 11 grants were awarded to institutions in Canada. The studies covered a broad spectrum of esearch topics, including the following: activated mutants as probes of gr anulocyte-macrophage colony-stimulating factor r · eceptor function; genetic risk factors for hyper homocysteinemia; cardiac lesions in HIV-1 transgenic.mice; pathological assessment of lung volume reduction; and r emodeling of human airways in disease. Four grants were awarded.to.institutions.in.the.United.Kingdom. These dealt with a community-based study on occupational asthma; antithrom bin activation and proteinase inhibition; so cial and occupational influences on health and illness; and the ontogeny of fetal sensitization.to.allergens.and.asthma..¶

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#### Cooperative Agreements ¶

In FY-99, NHLBI initiated collaboration with the University of British Columbia, Van couver, and with 10 other International Lung Health Study centers in the United States, in a follow-up study of smoking intervention, to determine the benefits of the program over a 12- to 15-year period. Canadian resear chers also studied the role of gender, airways reactivity, weight gain, and comorbidities in determining the rate of decline in pulmonary function.

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#### Fellowships.¶

A fellowship and award extension wer given to a resear cher at the University of Cambridge, England, for studies of anti thrombin activation and inhibition of proteinase.¶

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#### Contracts ¶

A contract was continued with the Hospital for Sick Children, Toronto, to povide a clinical-center-for-the-Childhood-Asthma-Management Program. The main objective of the study is to determine the long-ten effects of three modes of ther apy (inhaled albuterol alone, albuterol with inhaled budesonide, or.albuterol.with.nedocromi).on.pulmonary function.over.a.5-year.period. Other objectives include determining the effects of these therapies on bronchial responsiveness, asth ma-symptoms, days of limited activity, use of health care r esources, long-term side ef fects, and physical and psychological growth and development. The Childhood Asthma Management Progr am study has enrolled 1,041 children; 41% are girls and 31% are in minority.groups..The clinical center is now in the transition phase in which daily med ication is stopped, to determine whethethe effects of 4 1/2 years of anti-inflammator y therapy are dependent on continuous ad ministration of medication or whether the therapy has aff ected the course of disease. Publication of major outcomes of the study is expected in the spring of 2000.

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#### International Meetings¶

During FY. 99, the NHLBI staffontributed to a number of international planning meetings. The Director, NHLBI, participated in a meeting of the World Hypetension League, in Buenos Aires, Ar gentina; the meeting of the executive board of GINA, in Brussels, Belgium; a meeting of the board of governors of the U.S.-Israel Binational Science Foundation, in Jerusalem; and an international planning meeting at WHO, in Geneva, Switzerland.

An NHLBI repr esentative participated in the G8 Cardio meeting in Rome, Italy, in October 1998. This meeting involved the G8 countries: Canada, France, Ger many, Italy, Japan, Russia, the United Kingdom, and the United States. The goal of Cardio is concerted action to suppor ta feasibility study and the development of a test model for a global cardiovascular database project.

Institute staff · made · presentations at the December · 1998 · WHO · conference on Today and · Tomorr ow · of Health Promotion, in Warsaw, Poland, and the Inter national Workshop on Social Marketing Planning Systems and Models of Health Behavior, in · Mérida, Mexico, in April 1999 · In Mar ch

1999, NHLBI hosted a planning meeting on Translating Science Into Action, at the NIH, in Bethesda, in collaboration with PAHO. ¶

Other international meetings in the cardiovascular area in which NHLBI staff participated were the following:

- Diabetes and Cardiovascular Disease Conference, in Winnipeg, Manitoba; ¶
- ·14th Annual International Inter disciplinary Confer ence on Hypertension in Blacks, in Toronto;¶
- International Society for Magnetic Resonance in Medicine Workshop on Flow and Motion in Cardiovascular · Magnetic Resonance Imaging, in London, England; ¶
- Delphic Conference on the Develop ment of a Revised Definition of Myocardial Infarction for the 21st Century, in Nice, France; ¶
- ·2nd International Congress · on Coronary ·Artery · Disease , · in · Munich , · Germany ,¶
- meeting for the Pevention and Contro

of.Cardiovascular.Diseases.in.the.Americas, in.Mexico.City,.Mexico,¶

- Annual Meeting of the International Society for Hematotherapy and Graft Engineering, in Oslo, Norway; and ¶
- ·70th European Ather osclerosis Society Congress, in Geneva, Switzerland.¶

Also during FY 99, the Dir ector for the National Center on Sleep Disoders Research participated in the 6th International Symposium on Sleep and Respiration, in Banff, Alberta, to present a talk on sleep disorders from a national health perspective. His presentation focused on NHLBI's activities to raise awareness of sleep disorders among primary care physicians in the United States.

In the area of basic r. esearch, the Chief, Laboratory of Biochemistry, participated in the XIIIth International Biophysics Congress, in New Delhi, India, and an NHLBI sqi entist presented a lecture on Functional Imaging of the Heart, at the International Symposium in Ultrafast Magnetic Resonance Imaging in Medicine, in Kyoto, Japan.¶

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Intramural Programs and Activities Scientists from many countr ies have been given the opportunity to conduct r esearch under the NIH Visiting Pr ogram. In FY 99, 44 Visiting Associates, 104 Visiting Fellows, 40 Special Volunteers, and 44 V isiting Scientists participated in joint r esearch in the NHLBI Division of Intramural Resear ch. Countries represented included the following: Argentina, Australia, Austria, Canada, Chile, China, Denmark, Finland, France, Germany, Iceland, India, Ir an, Israel, Italy, Japan, Korea, Mexico, Morocco, the Netherlands, Nigeria, Peru, the Philippines, Poland, Portugal, Romania, Russia, South Afr ica,

Spain, Sweden, Switzerland, Turkey, Ukraine,

United Kingdom, Vietnam, and Taiwan.

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